

PE Whole School Curriculum Map

	EYFS (Reception)					
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - Dynamic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
	realGYM / realDANCE + Physical Development as per EYFS Curriculum					
	Year 1 and 2					
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - Dynamic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
	Run Jump Throw (Athletics)	realGYM	realGYM	Real Dance	Handball	Tennis
	Year 3					
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - Dynamic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
	TAG - RUGBY	realGYM (Online Jasmine)	realGYM (Online Jasmine)	Real Dance (Online Jasmine)	Run Jump Throw (Athletics)	Cricket
	Year 4					
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - Dynamic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
	TAG - RUGBY	realGYM (Online Jasmine)	realGYM (Online Jasmine)	Real Dance (Online Jasmine)	Run, Jump, Throw (Athletics)	Cricket
	Year 5					
	Term 1		Term 2		Term 3	

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Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - Dynamic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work.
	Tag-Rugby	realGYM (Online Jasmine)	realGYM (Online Jasmine)	Real Dance (Online Jasmine)	Cricket	Rounders/Netball Games and Track
Year 6						
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - Dynamic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
	Tag-Rugby	realGYM (Online Jasmine)	realGYM (Online Jasmine)	Real Dance (Online Jasmine)	Cricket	Rounders/Netball Games and Track
Enrichment Activities						
	Term 1		Term 2		Term 3	
	KS2: Dodgeball Tournament KS2: Cross Country Tournament		KS2: Tag Ruby Tournament KS1+2 Swimming Gala Sports Day		KS1 Cricket Tournament KS1 +2 Cricket engagement day	