

PE Whole School Curriculum Map

EYFS Reception						
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - Dymanic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
Core	realGYM / realDANCE + Physical Development as per EYFS Curriculum					
	Year 1					
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - Dymanic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
Core	Run, Jump, Throw (Athletics)	realGYM	realGYM	Real Dance	Handball	Tennis
	Year 2+3					
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement	UNIT 2 - SOCIAL - Dynamic	UNIT 3 - COGNITIVE - Dymanic	UNIT 4 - CREATIVE - Ball skills/	UNIT 5 - PHYSICAL - Sending,	UNIT 6 - HEALTH & FITNESS - Ball

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	patterns/ Static Balance	balance to agility/ Seated balance	Balance/ Static Balance	Counter Balance	receiving/ Reaction, Response	chasing/ Floor Work
Core	Run, Jump, Throw (Athletics)	realGYM	realGYM	Real Dance	Handball	Cricket
Year 4						
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - Dymanic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
Core	Tag Rugby	realGYM	realGYM	Real Dance	Run, Jump, Throw (Athletics)	Cricket
Year 5						
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to	UNIT 3 - COGNITIVE - Dymanic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work

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		agility/ Seated balance			Reaction, Response	
Core	Tag Rugby	realGYM	realGYM	Real Dance	Cricket	Rounders
	Year 6					
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - Dynamic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
Core	Tag Rugby	realGYM	realGYM	Real Dance	Cricket	Rounders
Enrichment Activities						
	Term 1		Term 2		Term 3	
	KS2: Dodgeball Tournament KS2: Cross Country Tournament		KS2: Tag Ruby Tournament KS1+2 Swimming Gala Sports Day		KS1 Cricket Tournament KS1 +2 Cricket engagement day	