

PE and Sports Premium, Governor Report – 2022/23

The PE and Sports Premium is a grant provided to primary schools by the government. The money received is ring-fenced and must be used to enhance the opportunities for all pupils to experience healthy and active lives. Embedding this ethos early will lead to the long term health benefits of the nation. Physical activity has numerous benefits for children's physical health and mental wellbeing, leading to happier and more resilient individuals.

2022/23 Funding

The total grant awarded for 2022/23: £16,000 + £10 per pupil (£17,860)

Spending

The school has been able to use the money to develop staff CPD and still be involved in a wide range of activities across all year groups. The school has also used the money to update some facilities and equipment

MPS have been able to utilize the sports premium. Key areas of spending this year include:

- Membership to the West Norwich and Dereham School Sports Partnership (WNDSSP): £2,850

This membership provides a number of benefits to the school including mentoring and guidance to Mr Starling/Ms Taylor and moving forward Mr Consterdine as the PE and Sports lead, advice and guidance on getting the best from sports premium, assistance with obtaining and analysing data from pupil surveys, provision of sports and physical activity sessions for all pupils, inter-schools competitions and events, and transport co-ordination for these. This money has also been used to allow 89% of all children attended at least one inter-school competition or festival.

- Staff CPD training: £2,375

To ensure all staff teaching PE are confidently delivery high quality learning to all pupils. JB & GS trained to use Real Dance. Staff CPD around review methods used in RealPE. All staff been through 5 ways to well being training. Staff have been using Create Development's Learning Nutrition to identify their next steps in their own teaching of PE. The Learning Nutrition's matrix has been used to assess and self-assess progress.

- SSP Bolt-ons: £975

To develop the knowledge of teaching, confidence and support of staff in delivering PE. To provide enrichment for EYFS/KS1 by taking part in in house activity focusing on physical literacy, health and wellbeing. Health Happy Active 6 half days for Year 1. Staff members who attended training have a greater knowledge of the delivery of PE. EYFS/KS1 developed their physical literacy and learnt strategies to support health and wellbeing.

- Equipment for lessons: £160

There was £500 put aside for this but only £160 has been used – a range of new equipment has been brought for all students to use within PE lessons.

- West End Dance Experience: £500

Now an annual event and helps engage those less likely to participate in more traditional sports, it often encourages lunch time dance sessions throughout the rest of the term. 100% of students engaged in this activity.

- Dance show costumes £600

Year 2 students took part in a dance show in Norwich, involving 6 other schools in WNDSSP costume were brought for students.

- Create Development membership: £549

Buy into RealPE, RealGYM, RealDANCE, and RealPE at home – these resources are used in over half the school schools PE lessons.

- Subscriptions £638

To offer children opportunities to access The Childrens Health Project & Jumpstart Johnny, KS1 children using Jumpstart Johnny as a circuit breaker/learning break to provide opportunity to move and receive oxygen, scientifically proven to support accelerated learning. The Children's Health project is used in the Life Skills lessons.

- Subject Leader Time – Supply Days - £1,113

This is more than projected for but due to change in staff this training/support is defiantly required.

- Swimming top-Up: £8.100

Swimming aged at year 3- 6 and targeted student who have not had access to swimming and not currently possible to meet the recommended standard required by the end of year 6. All parents were asked if their son/daughter would like to take part in this, this is due to the pandemic but the aim is to return to normal students engagement after the pandemic.

Current spend - £17,860 this is above the projected spend of £17,737 – the different has been caused by the subject leader time (supply) which couldn't be budgeted for at the start of the year. Therefore all budget has been spend in the academic year of 22/23

Remaining - £0

Impact of PE&SP funding from previous years

The PE within the curriculum has remained strong throughout the year and staff confidence is high with delivering the Real PE curriculum. Students have also had a number of extra –curricular opportunities thanks to the partnership with WNDSSP, this has been very impressive considering the changes in lead teacher of the subject. The departure of Mr Starling has allowed a new TA (with a PE focus) to join the staff body which has helped in increases the opportunities for students within the school. Ms Taylor took on the role for the summer term and Mr Consterdine will take this on into the next academic year.

The Real PE programme of structured lessons and resources have been vital in providing a quality curriculum. Real PE has a number of additional modules that the school has invested in including Real Gym and Real Dance. One of the challenges of providing consistent high quality PE lessons can be teacher confidence. This has been identified at MPS through teacher surveys and discussions, the Real PE programme gives teachers the resources and confidence to deliver lessons in a structured format ensuring pupils have equal opportunities to learn throughout each of the year groups.

WNDSSP provides a diverse range of inter school activities which if left to individual schools to organise would take an inordinate amount of teaching time to arrange and co-ordinate. As noted above the partnership provides a host of other supportive functions.

Dance based activities have been a popular provision over the years and can reach some pupils who don't enjoy or partake in more traditional school sports. Dance activities have included an annual multi school dance show, west end dance experience and funky Friday lunch time dance sessions. These sessions have led to other activities for pupils to participate in at lunch times.

Review of targets set at the start of 2022/23 Sports Premium

Review of targets for 2022/23 -

- Continued membership of WNDSSP - **achieved**
- CPD - As identified through 21/22 cycle - Assessment and teacher top ups - **achieved**
- Ensure long term sustainability of teaching P.E- **achieved**
- Swimming top up to target specific children - **achieved**
- Playground/ Hall development to continue with the help of Synergy. (Ongoing)

Targets for 2023/24

- To ensure that the PE lead feels supported and has the training required via the WNDSSP.
- For the majority of students to take part in a wide range of external sporting activities across the year with an emphasis on SEN participation.
- Develop the extra-curriculum offer as highlighted in OFSTED questionnaire completed in the summer term.
- To use Mr. Staines to increase PE provision across the school (rugby and cricket coaching)