

PE Whole School Curriculum Map 2023-2024

EYFS (Reception)						
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - Dynamic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
realGYM / realDANCE + Physical Development as per EYFS Curriculum						
Year 1						
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - Dynamic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
	Run Jump Throw (Athletics)	realGYM	realGYM	Real Dance	Handball	Tennis
Year 2						
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance.	UNIT 3 - COGNITIVE - Dynamic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
	Run Jump Throw (Athletics)	realGYM (Online Jasmine)	realGYM (Online Jasmine)	Real Dance (Online Jasmine)	Handball	Tennis
Year 3						
	Term 1		Term 2		Term 3	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - Dynamic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
	TAG - RUGBY	realGYM (Online Jasmine)	realGYM (Online Jasmine)	Real Dance (Online Jasmine)	Football (DESA)	Cricket (C2S)

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Year 4						
	<i>Term 1</i>		<i>Term 2</i>		<i>Term 3</i>	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - - Dymanic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
	TAG - RUGBY	realGYM (Online Jasmine)	realGYM (Online Jasmine)	Real Dance (Online Jasmine)	Football (DESA)	Cricket (C2S)
Year 5						
	<i>Term 1</i>		<i>Term 2</i>		<i>Term 3</i>	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - - Dymanic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work.
	Run Jump Throw (Athletics)	realGYM (Online Jasmine)	realGYM (Online Jasmine)	Real Dance (Online Jasmine)	Football (DESA)	Rounders/Netball Games and Track
Year 6						
	<i>Term 1</i>		<i>Term 2</i>		<i>Term 3</i>	
Real PE	UNIT 1 - PERSONAL - Floor movement patterns/ Static Balance	UNIT 2 - SOCIAL - Dynamic balance to agility/ Seated balance	UNIT 3 - COGNITIVE - - Dymanic Balance/ Static Balance	UNIT 4 - CREATIVE - Ball skills/ Counter Balance	UNIT 5 - PHYSICAL - Sending, receiving/ Reaction, Response	UNIT 6 - HEALTH & FITNESS - Ball chasing/ Floor Work
	Run Jump Throw (Athletics)	realGYM (Online Jasmine)	realGYM (Online Jasmine)	Real Dance (Online Jasmine)	Football (DESA)	Rounders/Netball Games and Track
Enrichment Activities						
	Term 1		Term 2		Term 3	

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